

# STAR SECRETS TO FABULOUS HAIR InStyle makeover

(BEFORE)



(AFTER)



## at-home microdermabrasion

**What it is** Spa Sciences microdermabrasion kit, \$30; 877-772-6275 for stores

**What it promises** A do-it-yourself alternative to costly spa

and dermatologist treatments designed to improve the tone and texture of skin through exfoliation. The product is designed to reduce the appear-

ance of large pores, fine lines and sun spots, plus it also claims to help prevent blemishes.

**What it delivered** Ronda, 33, used this at-home product

twice a week for three months and ended up loving it. "Dry patches on my face cleared up, and the overall feel of my skin was better," she says.

(BEFORE)



(AFTER)



## spider vein treatment

**What it is** Laser therapy, \$200 and up per treatment; aad.org for dermatologists

**What it promises** To diminish the appearance of spider

veins. "It won't get rid of every spider vein, but it will enhance the appearance of the skin significantly," says Steve Fallek, a plastic surgeon who has prac-

tices in New York City and Englewood, N.J.

**What it delivered** Karen, 39, saw some improvement in the look of her legs after the recom-

mended three laser sessions spaced three weeks apart.

"There was no downtime or bruising," she explains, "but the laser stung during the process."



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WORD: INSTYLE

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