

IT'S WAR! Jessica vs. Nick's family

WEEKLY IN TOUCH

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"My weight was never important to me," said Star, before her drastic slim-down.



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Star looks healthy now, but friends say, "The thinner she gets, the more weight she wants to lose."

EXCLUSIVE

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Star can't stop dieting

Star Jones Reynolds faces the side effects of her dramatic weight loss

After being overweight all of her life, Star Jones Reynolds was desperate to slim down—but now she's learning that being thin brings new problems. She's lost about 100 pounds, but there's concern that she's going to go too far. "When she first started dieting, she

wanted to get down to a size 10. But now she wants to be a size 6," an insider says. Star, 43, always claimed, "I'm comfortable in my own skin," but is she happy now that she has her dream body? Dr. Ira Sacker, co-author of *Dying to Be Thin*, tells *In Touch* that when someone loses a lot of weight, their mind doesn't always

"see" their new, slim body. This can lead to extreme thinness or yo-yo dieting. The *View* co-host may also have to cope with unpleasant physical effects—such as loose skin—a result of losing so much weight. "They almost trade one problem for another," says NYC-based plastic surgeon Dr. Steve Fallek.



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